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**First County Bank Honored as 2015 Healthy Workplace Employer
By The Business Council of Fairfield County**

STAMFORD, Conn., March 3, 2015 -- First County Bank was honored by The Business Council of Fairfield County in their 2015 Healthy Workplace Employer Recognition Program as a Silver category employer. The recognition program was held Friday, February 13, at the Sheraton Stamford Hotel.

“First County Bank is honored to be among such a distinguished group of employers which actively work to promote employee health and well-being,” said Rey Giallongo, chairman and CEO of First County Bank. “Last fall, we implemented an employee wellness initiative, kicking-off the program with biometric screenings and fitness challenges. We also established a Wellness Committee with participants from each department of the Bank. It is especially an honor to be recognized as a Silver category employer during our first year and we intend to continue to enhance our employee health initiatives and foster healthy lifestyle choices.”



Photo caption: (L to R) **Christopher Bruhl**, president & CEO, The Business Council of Fairfield County, **Eric Thompson**, principal, BlueBack, LLC., **Vanessa Calabro**, vice president, human resource manager, First County Bank, and **Matthew Fair**, regional sales director, First Niagara Risk Management and co-chair of the 2015 Healthy Workplace Employer Recognition Event.

The 2015 Healthy Workplace Employer Recognition Program applauded the efforts of area employers who understand the competitive advantage of a healthy workforce and who have implemented a diverse range of programs to promote a healthy workplace and assist their employees to live healthier lives. The recognition program was presented by The Business Council's Wellness Roundtable, with the generous support of First Niagara Risk Management Services Inc. and UnitedHealthcare of CT, Inc. The Healthy Workplaces Employer Recognition Program offers three categories of distinction, Platinum, Gold and Silver, awarded on the basis of program components and outcomes.

"We have learned, not surprisingly, that more than two-thirds of health care spending is linked to behaviors that ultimately make us unhealthy. Yet we have also learned that productivity and health care costs are equally linked to health," commented Tanya Court, Vice President, Public Policy and Programs, The Business Council of Fairfield County. "As costs related to health and health care escalate business has responded in a variety of ways. Just as our recognition program has evolved, so to have the many ways our workforces have engaged on wellness."

About The Business Council of Fairfield County

Over the past decade, The Business Council of Fairfield County has emerged as a nationally respected and influential regional network of business leaders, committed to strengthening the economic vitality of our region and the performance of its member firms through research-based public policy initiatives, information services and network building programs. It was formed in 1970 by the merger of three existing organizations, the oldest of which had been founded in 1890. Today, The Business Council of Fairfield County is a private, not-for-profit corporation governed by a volunteer board of senior executives and served by a professional staff. It has more than 200 corporate and non-profit institution members.

About First County Bank

Headquartered in Stamford, CT for more than 163 years, First County Bank, an independent, mutual community bank with 15 branches in Stamford, Greenwich, Darien, New Canaan, Norwalk and Westport, offers deposit products, mortgages, trust and investment services, business banking services and online banking. First County Bank has more than 220 employees and assets in excess of \$1.4 billion. For additional information, please visit www.firstcountybank.com/firstcountyadvisors and www.firstcountybank.com. Become a fan by clicking "Like" on the bank's Facebook page at <http://www.facebook.com/firstcountybank>. Follow it on Twitter at <http://www.twitter.com/firstcountybank> or look for First County Bank on LinkedIn at <http://www.linkedin.com/company/920207>.

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