

Positive Directions gets \$5,000 grant

Positive Directions, The Center For Prevention And Counseling, announced receiving a \$5,000 grant from the First County Bank Foundation that will sustain the mission of the agency to provide counseling services for financially in-need residents throughout Fairfield County. Executive Director Basil Hero said, the “Bank’s generous donation gives us the ongoing ability to provide mental health services to at-risk children, adolescents and adults, who because of their financial constraints, or family conditions, do not have accessible treatment options.”

Positive Directions has been providing counseling, prevention education services, and positive youth development programs in Fairfield County since 1971. “Continued funding for this program is critical for several reasons,” says Hero. “Since the implementation of the Affordable Care Act, many of our new clients are presenting with more serious, intractable issues because they have not previously had access to mental health care coverage. In addition, multiple studies of the recent increase in substance abuse, across all categories, cite the need for mental health services which are integrated into the family setting, community and school. Through Positive Directions’ prevention initiatives, we have established community relationships that allow us to bring all these pieces together.”

Positive Directions has been a past recipient of funding provided by the First County Bank Foundation for its treatment programs for low-income families. “We are extremely grateful to FCBF for its ongoing support of our efforts to assist those people in the greatest need,” says Hero. “A lot of families will be able to receive mental health services for the first time as a result of this grant.” To find out more, please call Positive Directions at 203-227-7644.

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